

# SW

*Height-Adjustable Table*



okamura

**Fully designed to offer optimum positioning for office workers.**

Work standing or work sitting.

Having this flexibility is healthy, inspiring and efficient for office workers.

No more adapting your work style to the desk, now the desk adapts to your work style.

Move the surface of the desk up or down quickly and with ease, creating the optimum positioning for the worker when it's needed.

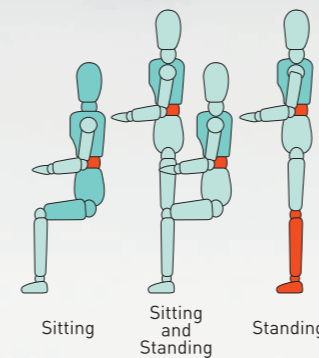
With full focus on freed movement, comfort and safety, this flexible SW is a fusion of design and functionality.



Height-adjustable table, SW, bringing science into the office.

Switching between sitting and standing has a positive impact on workers' concentration levels and health.

The positive impacts on health, concentration and efficiency through switching between sitting and standing when working have been proven in studies conducted by Okamura and The Institute for Science of Labour.

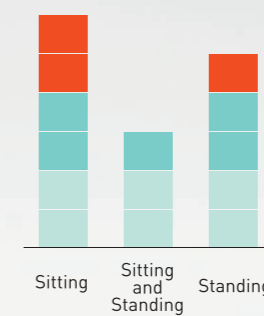


**Fatigue**

Severe ■ ■ Mild

**Sitting and Standing = Less Fatigue**

Periodically switching between sitting and standing when working means a worker gets tired less quickly due to the more even distribution of body pressure.

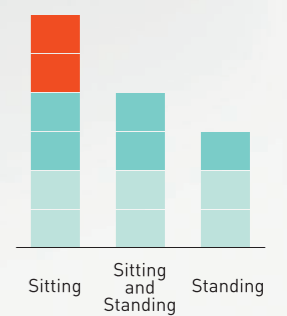


**Swelling**

Greater ■ ■ Less

**Sitting and Standing = Less Leg Swelling**

Workers who frequently change their position between sitting and standing when working have smaller increase in leg circumference caused by swelling.



**Drowsiness**

More ■ ■ Less

**Sitting and Standing = Increased Alertness**

Levels of alertness when switching between sitting and standing is virtually the same when compared with standing only. The results showed a higher level of concentration compared with only sitting while working.

\*The studies made comparisons at 80-120 minutes after beginning work.

\*2014 study by The Institute for Science of Labour (Research conditions- Standing work: 120 minutes working in a standing position; Sitting work: 120 minutes working while in a sitting position; Alternate sitting and standing: Cycle of approx. 20 min. standing work and approx. 40 minutes sitting work, repeated twice)

**Freedom, safety and comfort. The original features of SW lead the way in our offices of the future.**

Consider this desk for its vertical mobility. It is not just about ease of use. It is also about the freedom, safety and comfort our desks offer. We've thought of every detail with our new outlook on office space planning.



**Adjustable | Up/Down Transition**

**Quick, quiet and flexible. Supports workers with smooth up/down adjustability.**

Starts off slowly and then speeds up. The desk can be adjusted freely to suit a worker's needs and fixed at any desired height. When lowering, it will stop in a fixed position before slowing moving lower.

\*Desk: H25 1/2-49inch(H650-1250mm)

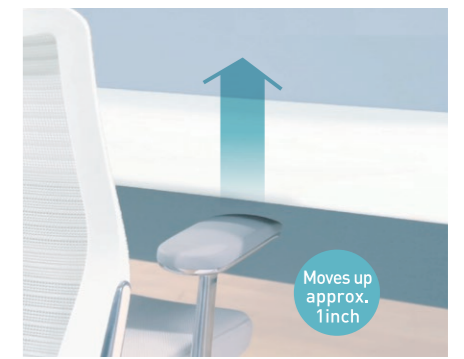
Table: H27 1/2-49inch(H700-1250mm)



**Design | Sloped edge**

**The edge of the desk is rounded to reduce burden on the arms. It maintains comfort in both sitting and standing positions.**

The desk has a sloped edge that can be leaned against when standing. It is designed to reduce burden on the arms even when a worker leans on it to write or use a computer.



**Safety | Reverse Feature**

**Immediately detects when it contacts an object while in motion. Automatic safety devices installed in all the tables.**

The up/down function stops automatically when the table comes in contact with an unknown object. A safety device is installed which returns the table to a height about an inch from where the object is detected. With an energy-saving stand-by power of 0.1 watts, it's designed to have a long life span of up to 10,000 up-down performance.

\*The effects are not guaranteed under all conditions.

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The products listed in this catalog are available as of May 2015. Please note that specifications, dimensions, and colors are subject to change without notice. The colors of the actual products may differ somewhat from the colors shown in the catalog, depending on printing conditions.